

EMERGENCY EVACUATION OFF MATROOSBERG

Check battery life of cell phone

Call Metro Emergency 021-937 0300

OR

AMS direct on 086-126 7267
and 083-793 2466.

- Explain the situation and severity.
- Explain weather conditions.
- Provide contact cell number.
- Is helicopter available?

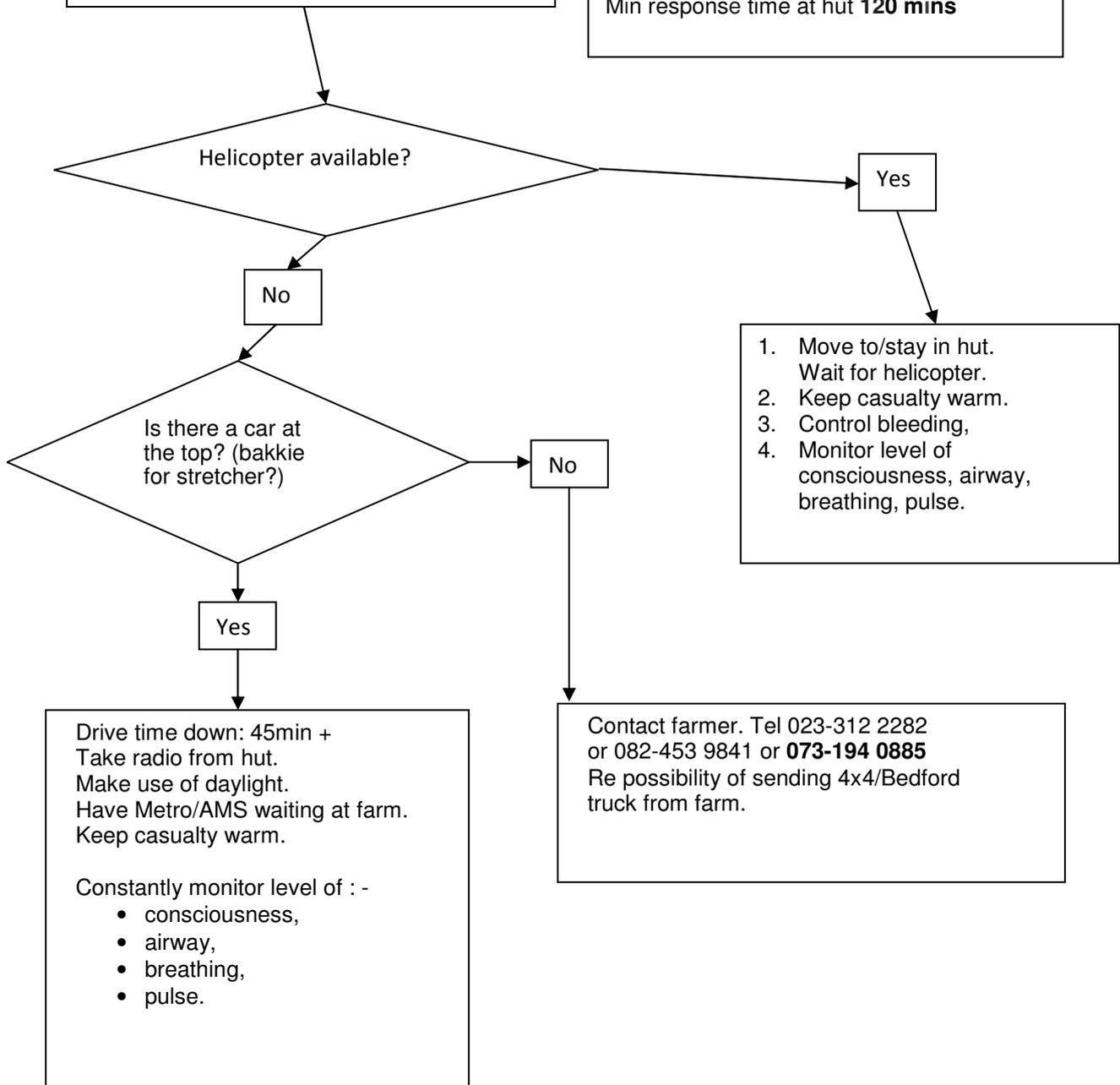
GPS co-ordinates of Main hut:
-33.370623 (S), 19.661463 (E)

IMPORTANT NOTE

AMS helicopter* only flies between
30mins before sunrise and 45mins after sunset.

Min response time at hut **40 mins.**

Military helicopter** can fly at night but will only respond to **life threatening injuries.**
Min response time at hut **120 mins**



IF STRETCHERING A CASUALTY DOWN

Can you stretcher/walk casualty out without further risk of hypothermia, spinal cord damage to casualty and risk to self?

Do you have enough people to carry a stretcher (12 people is recommended)? Notify Metro/AMS of intentions.

The jeep track is the only safe way to walk down the mountain even from long bowl & Castor & Pollux. Whilst the time balance is critical a helicopter that takes 2 hours to get to the hut may sound like quite a delay, but the patient remains undisturbed in a sheltered environment, and once up-lifted will be in Worcester hospital within 15 minutes. Driving down to the farm, and from there to Ceres hospital, can take several hours with a seriously injured patient - in an unstable environment. So only move patients that you're certain will deteriorate seriously, or those with minor injuries, as moving is a last resort.

The helicopter will not fly on the mountain in low cloud/zero visibility and struggles in high wind but may still be able to land at base of mountain!

N.B. AMS* will only fly between **30 mins before sunrise and 45 minutes after sunset**

The military** can fly at night but will only respond to life threatening injuries.